



Cheddar BLT Cups



Prep Time

10 mins

Cook Time

15 mins

Total Time

25 mins

Ingredients

- 1 package prepared phyllo cups about 15, defrosted according to package directions.
- 4 ounces low fat cream cheese softened to room temperature.
- 1 cup shredded Cheddar Cheese
- 3 slices of turkey bacon cooked and crumbled
- 1/2 cup shredded lettuce
- 6 grape tomatoes seeded and diced.

Directions

1. Preheat oven to 350 degrees F.

2. In a medium bowl mix together cream cheese, Cheddar, and bacon.
3. Place prepared phyllo cups on a baking sheet.
4. Place a tablespoon of the cheese mixture into each cup.
5. Bake for about 15 minutes or until cheese is melted and slightly browned on top.
6. Remove from oven.
7. Top with shredded lettuce and tomato.