



Philly Cheese Steak Pita Sandwich



Prep Time
5 mins
Cook Time
5 mins
Total Time
10 mins

Ingredients

- 2 ounces sirloin beef
- Black pepper to taste
- 1 slice low-fat American Cheese
- 1 loaf low carb pita bread

Directions

Cheese Steak

1. In a sauté pan brown sirloin 2-3 minutes.
2. Shred meat into small pieces or slices.
3. Top meat with 1 slice of cheese and allow cheese to melt.

Pita Prep

1. Spray a small sauté pan with Olive Oil Cooking Spray.
2. Heat pan over medium heat for about 1 minute.
3. Place pita loaf into the pan.
4. Brown pita loaf about 2 minutes on each side.

Assembling Sandwich

Place Cheese Steak into the center of the pita loaf. Fold loaf in half and enjoy. Add additional toppings as desired